



Behavioral Health Associates, LLC

DIRECTION'S LEADERSHIP PRINCIPLES

1. SHOW UP.

- a. Extend love to all group members.
- b. Never give up on any group member.

2. PRACTICE WHAT YOU PREACH.

- a. Lead by example, not by decree.
- b. Be a positive role model.
- c. Give up control to gain authority.

3. ENCOURAGE GROUP MEMBERS TO GROW.

- a. Provide maximum support with minimum interference.
- b. Allow space for failure.
- c. Recognize reward and punishment are not durable.
- d. Encourage group members to take responsibility for all their actions and decisions.

4. INTERVENE WHEN YOU NEED TO.

- a. Lead decisively during train-track moments.
- b. Protect the culture of the larger group.
- c. Avoid adversarial dynamics.
- d. Avoid enabling unhealthy behavior.
- e. Remember you are not in the feel-better business, but the function-better business.